



SPRING FREE FROM SCREENS

DES Families,

Next week is Screen-Free Week! As part of a nationwide initiative to help kids rediscover joy beyond screens, the DES PTO is inviting students to pledge to be screen-free the week of May 1st-4th. To help your family enjoy a fun week free from screens, we've put together some activities for students to participate in:

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| Monday, May 1st:
3:00-4:00 pm | The blacktop will be open after school, on the DES playground, to create beautiful works of art with chalk. |
| Tuesday, May 2nd:
3:00-4:30 pm | Arts and craft activities at the Saugatuck-Douglas District Library. |
| Wednesday, May 3rd: | Beach cleanup day—There is no formal, organized effort, but imagine how much impact our school community can have if we dedicate an evening to walking our local beaches with a trash bag! |
| Thursday, May 4th:
3:00-4:30 pm | In honor of "May the 4th", visit the Saugatuck-Douglas District Library for Star Wars themed activities. |
| Friday, May 5th:
3:30 pm | Family Color Run/Walk and Book Swap! As a way to wrap up a week of play, meet us at Beery Field to celebrate with a fun, messy event that's become a crowd favorite for DES students. |

In school, students will be tracking their at-home efforts to try to earn an extra recess and treat for their classrooms. Every night they can go without screens at home will give their class a better chance to win this coveted prize.

Additionally, on the back side of this paper, you'll find a BINGO card which can offer up ideas for screen-free activities. Each student that completes a line on the card and turns it in to their class, or turns it in at the Color Run, will be entered into a drawing for a chance to win a prize basket of goodies that promote play.

Thank you for committing to a week that's not about going without, but about what we all can gain! We look forward to celebrating with you.

Sincerely,
DES PTO

SCREEN FREE BINGO

Practice going screen-free with these fun ideas! Color in each of the activities that you do. Get five-in-a-row in any direction and turn it in to your teacher, or at the Color Run, to be entered for a chance to win a prize!

Name: _____ Grade: _____

Go for a hike	Plant something	Borrow a book from a Little Free Library	Make a fort	Listen to music
Go outside and look for signs of spring	Practice something you want to get better at	Make a card for someone	Invent a new game	Help a family member or friend
Visit the library	Help make a meal at home	Eat dinner at the table, as a family	Gather unwanted books for the book swap	Doodle outside with sidewalk chalk
Build something	Create an obstacle course or scavenger hunt	Visit the beach and pick up trash	Do an extra household chore	Play on a playground
Read a book in an unusual place	Play a board/card game	Make a craft from gathered materials	Family dance party!	Call a friend or family member